April Birthdays

10 Joan Smith

12 Bill Toland

20 Bonnie Taylor

21 Doris Hill

23 Maggie Smith

29 Alma Schuman

Events in May

Open House Memorial Day



Tanglewood Times 2018





1293 South 34th Street, Decatur, IL 62521 Phone (217) 423-5838



Dear Friends,

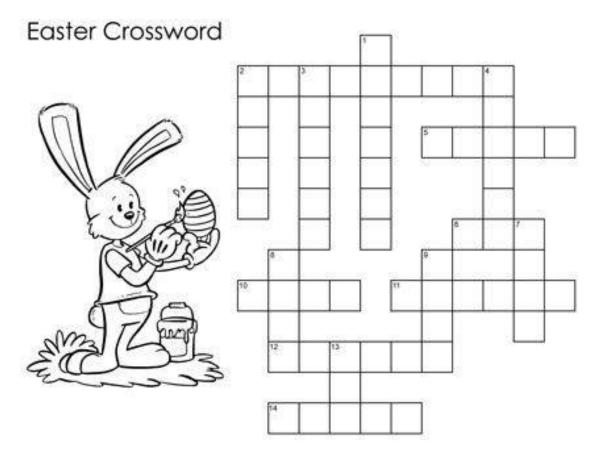
Easter falls on April 1st this year. We commemorate the resurrection of Jesus Christ after he died on the cross for our sins. It is a day to celebrate new beginnings, our soul's spring. When I think of new beginnings, I believe that each of us has a chance, every single day, to try again. Our Father loves us completely and unconditionally. Tanglewood is a community, a neighborhood, a family. As the flowers bud, and the rain prepares the ground for planting, let also, our souls, be encouraged and find hope to heal, to forgive, to love.

As the grounds blossom, residents will begin to move outdoors. Just a reminder to be mindful of potential obstructions, such as traffic or sidewalk cracks, etc. Also, remember to drink plenty of water, as the weather gets warmer! Your Tanglewood staff is here to make your home a comfortable, safe and welcoming place. Please don't hesitate to bring your questions, suggestions or concerns to me anytime. Amanda is working on activities to take us out and about. Let her know what you'd like to do or where you'd like to go!

Thank you, as always, for your friendship. May God bless you.

Líz





Across

- 2 A mother duck keeps a close eye on her _____.
- 5 Easter's month.
- 6 Which came first, the chicken or the ____?
- 10 A mother cow gives milk to her ____.
- 11 Easter is always on this day of the week.
- 12 Carry your Easter Eggs in a _____.
- 14 The Easter ____ hops around the world and delivers presents.

Down

- 1 April showers bring May ____
- 2 Cows give milk for ____ products.
- 3 A mother hen watches over her baby ____
- 4 Easter's season.
- 7 A baby ____ is called a kid.
- 8 A baby sheep is called a ___
- 9 In the backyard, the kids are having an Easter Egg ___
- 13 The ____ warms the earth and brings light to the world.

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Activities April 2018						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Happy Easter!	8:00 a.m. Morning Stretch	3	4 8:00 a.m. Morning Stretch	5 Audibel new day and time 10-12	8:00 a.m. Morning Stretch	7 12:30 Doug Karl
3:30 Sunday Services w/ Jeff W	12:45 Bingo w/Prizes 2:00 Chair aerobics	2:00 Chair aerobics 6:00 Team Scrabble	No Shuttle 7:05 Bingo	10:30 Book Club w/Dana 12:45 Keno w/ Prizes	9:00 Darts in the Sunroom 4:30 Happy Hour w/ Chloe	Scrabble Board (Sun room) Word Jumble (Private Dining) Crossword (Sunroom)
		In the Sunroom		Chair Yoga	7:00 Prairie Mennonite	Bible Study w/Jeff
3:30	8:00 a.m. Morning Stretch	12:45 Hospice informational	8:00 a.m. Morning Stretch	10:30 Book Club w/Dana	8:00 a.m. Morning Stretch	Scrabble Board (Sun room)
Sunday Services w/ Wayne Smith	12:45 Bingo w/Prizes	seminar 2:00 Chair aerobics	10:00 Ron's Bible Study 1:30 Bank & grocery Shuttle	12:45 Keno w/ Prizes 2:00	9:00 Darts in the Sunroom	Word Jumble (Private Dining) Crossword (Sunroom)
	2:00 Chair aerobics	6:00 Family feud	7:05 Bingo	Chair Yoga	Movie Night	6:00 Bible Study w/Jeff

Activities April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
0.00	8:00 a.m. Morning Stretch	10:00 Crafts /Amanda	8:00 a.m. Morning Stretch	10:30 Book Club w/Dana	8:00 a.m. Morning Stretch	Scrabble Board (Sun room)
3:30 Sunday Services w/ Jeff	12:45	2:00 Chair aerobics	12:30 Billy Gault	12:45 Keno w/ Prizes	9:00 Darts in the Sunroom	Word Jumble (Private Dining)
Wright	2:00 Chair aerobics		1:30 Bank & grocery Shuttle	2:00 Chair Yoga	4:30 Happy Hour w/ Gary	Crossword (Sunroom)
		6:00 Spinner	7:05 Bingo		7:00 Richland Dance Company	6:00 Bible Study w/Jeff
22	23	24	25	26	27	28
3:30	8:00 a.m. Morning Stretch	10:00 Ron's Bible Study	8:00 a.m. Morning Stretch	10:30 Book Club w/Dana	8:00 a.m. Morning Stretch	Scrabble Board
Sunday Services w/ Steve Devore	12:45 Bingo w/Prizes	2:00 Chair aerobics	10:30 Activity Meeting/Amanda 1:30 Rank & grocory	12:45 Keno w/ Prizes 2:00	9:00 Darts in the Sunroom	(Sun room) Word Jumble (Private Dining) Crossword
	2:00 Chair aerobics	6:00 Maggie's Choice	Bank & grocery Shuttle	Chair Yoga	6:00 Movie Night	(Sunroom)
			7:05 Bingo			6:00 Bible Study
						w/Jeff

Activities April 2018

Sunday	Monday	Tuesday	Wednesday	
29	30	May 1	May 2	
3:30 Sunday	8:00 a.m. Morning Stretch		8:00 a.m. Morning Stretch	
Sunday Services w/ Bob	12:45 Bingo w/Prizes	2:00 Chair aerobics	1:30 Bank & grocery Shuttle	
	2:00	6:00 Word on the		
	Chair aerobics	street	7:05	
			Bingo	

Hello Everyone!

I would like to thank everyone for helping at our Easter Get together! It was so much fun

CHANNEL 2

You have probably noticed that we have been experiencing technical difficulties with our Channel 2 Messenger. We are earnestly working to fix the problem or upgrade our system and ask that you watch the bulletin board and tabletoppers for up-to-date information. Thank you!







Shuttles:

Grocery & Bank Shuttle

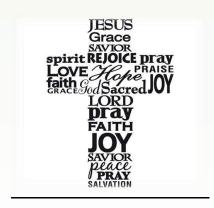
Departs @1:30 every Wednesday *may cancel if we only have one person.

Health Services:

Audibel has a new day and time! Amy will be here Thursday at 10-12

Exercise:

Seniorcise with Dana: Every Mon, Wed & Friday @ 8:00 a.m. Chair aerobics on Tuesday's & Chair Yoga on Thursday



Prayer Request Board Ready for Your Prayers, near Front Desk.

Catholic Communion is available in your home.

Ask at the front desk!

Sunday April 1	Monday April 2	Tuesday April 3	Wednesday April 4	Thursday April 5	Friday April 6	Saturday April 7
Full Breakfast	Full Breakfast	Full Breakfast	Full Breakfast	Full Breakfast	Full Breakfast	Full Breakfast
Menu available	Menu available	Menu available	Menu available	Menu available	Menu available	Menu available
Featuring	Featuring	Featuring	Featuring	Featuring	Featuring	Featuring
Danish/Donuts	Baked Apples	Mush	French Toast	Pancakes	Biscuits & Gravy	Breakfast
Happy Easter						Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Glazed Ham	Baked Steak	Bourbon	Grilled	Tuscan Chicken	Pork Roast	BBQ Ribs
0 "	N.A	Chicken Breast	Hamburger	over Pasta	0 10 1	01 5 4
Scalloped Potato	Mashed Potatoes/Gravy	Rice Pilaf	Steak w/onions	Carina Bland	Sweet Potatoes	Cheesy Potato Bake
Vegetable Blend	Polatoes/Gravy	Rice Filai	Baked Potato	Spring Blend Vegetables	Brussels Sprouts	Dake
Vegetable Bleffa	Lima Beans	Peas	Barca i otato	Vogetables	Diassels opioals	Broccoli &
Deviled Eggs	Zima Boano	. 646	Carrots	Garlic Cheese	Cranberry Sauce	Cauliflower Salad
	Fruit Cocktail	Pears		Biscuit	·	
Dinner Roll			Brownie Bites		Lemon Crème Pie	Pineapple Ring
0	Butter Pecan Cake	Cook's Choice		Caramel Sundaes		
Carrot Cake		Dessert		National		Chocolate Éclair
				Caramel Day!		
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Sack Supper	Chili	Pot Roast	Chicken	Farmers	Chicken_Wings	Chicken Strips
		Sandwich	Broccoli Rice	Breakfast	_	
Pick Up	Hot Dog		Casserole	Casserole	Cauliflower &	Pea Salad
4:30 – 5:00	Colomi 9 Doomit	Cheesy Steak	Dunnalad	Daniel Meffin	Cheese Sauce	Fruit Caalstail
	Celery & Peanut Butter	Fries	Breaded Tomatoes	Donut Muffin	Oriental Coleslaw	Fruit Cocktail
	Dullei	Peaches	Tomatoes	Strawberries	Oneniai ColesiaW	Cinnamon Streusel
	Cookie	1 0001100	Fruit Cup	&	Gooey Butter Cake	Coffeecake
		Chocolate Mint	3 3 3 3 4	Bananas	,	
		Ice cream	White Chocolate			National Coffee
			Cranberry Cookie			Cake Day!
	l		l			

Sunday April 8	Monday April 9	Tuesday April 10	Wednesday April 11	Thursday April 12	Friday April 13	Saturday Saturday April 14
Full Breakfast Menu available Featuring Danish/Donuts	Full Breakfast Menu available Featuring French Toast	Full Breakfast Menu available Featuring Mush	Full Breakfast Menu available Featuring Waffles	Full Breakfast Menu available Featuring Pancakes	Full Breakfast Menu available Featuring Biscuits & Gravy	Full Breakfast Menu available Featuring Breakfast Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Roast Beef Mashed Potatoes & Gravy Corn Fruit Salad Strawberry Shortcake	Turkey Stuffing California Blend Vegetables Apricots Pumpkin Pie	Parmesan Chicken over Pasta Italian Style Green Beans Bread Stick Spumoni Ice Cream	Frisco Melt Steak Fries Strawberry Spinach Salad Angel Food Cake	Hawaiian Chicken White Rice Stir Fry Vegetables Coconut Cream Pie	Baked Tilapia Macaroni & Cheese Coleslaw Peach Cobbler National Peach Cobbler Day!	Stuffed Green Peppers Mashed Potatoes Wax Beans Fruit Salad Earthquake Cake
Supper	Supper	Supper	Supper	Supper	<u>Supper</u>	Supper
Pulled Pork Sandwich Onion Rings Cinnamon Applesauce	Cream Cheese Stuffed Cinnamon Fresh Toast w/Blueberry Sauce Bacon Fresh Fruit	Monte Cristo Sliders 7 Up Salad Veggie Chips	Chipped Beef over Biscuit Ambrosia Salad Cookie	Tomato Soup Grilled Cheese Pears Pound Cake National Grilled Cheese Day!	Upside Down Pizza Bake Lettuce Salad Mandarin Oranges Ice Cream Sandwich	Chicken Caesar Wrap Cucumber/Onion Salad Chips Tapioca Pudding

Sunday April 15 Full Breakfast Menu available Featuring Danish/ Donuts Dinner Chicken Fried Steak Mashed Potatoes & Gravy Glazed Carrots French Silk Pie	Monday April 16 Full Breakfast Menu available Featuring Baked Apples Dinner Basil Pesto Chicken Tortellini Green Beans Fruit Salad Chocolate Eclair	Tuesday April 17 Full Breakfast Menu available Featuring Mush Dinner Baked Cheddar Chicken w/Mushroom Sauce Garden Rice Steamed Broccoli Banana Split Dessert	Wednesday April 18 Full Breakfast Menu available Featuring Omelets Dinner Grilled Pork Chops Au Gratin Potatoes Fresh Asparagus Cherry Fruit Salad Coconut Cream Pie	Thursday April 19 Full Breakfast Menu available Featuring Pancakes Dinner Meatloaf Mashed Potatoes & Gravy Creamed Peas Dr. Pepper Cake	Friday April 20 Full Breakfast Menu available Featuring Biscuits & Gravy Dinner Fried Walleye Baked Potato Vegetable Blend Pineapple Upside Down Cake National Pineapple Upside Down Cake	Saturday April 21 Full Breakfast Menu available Featuring Breakfast Sandwich Dinner Beef & Noodles Green Beans Strawberry Salad Chef's_Choice Dessert
Supper Chicken Salad Assorted Cheeses Cherry Tomatoes & Celery Lorne Doone Cookies	Supper Tater Tot Taco Salad Fresh Fruit Root Beer Float Cake	Supper Patty Melt Waffle Fries Cinnamon Applesauce Cookie	Supper Egg Casserole Biscuits & Gravy Mandarin Oranges Cinnamon Roll	Supper Grilled Chicken Salad Tomato Wedges Garlic Bread Stick Triple Berry Pie	Supper Turkey & Swiss on Croissant Fresh Veggies & Dip Fruit Cocktail Pistachio Pudding	Supper Chicken Bacon Ranch Wrap Fresh Melon Banana Oatmeal Bars

Sunday April 22	Monday April 23	Tuesday April 24	Wednesday April 25	Thursday April 26	Friday April 27	Saturday April 28
Full Breakfast Menu available Featuring Danish/Donut	Full Breakfast Menu available Featuring French Toast	Full Breakfast Menu available Featuring Fried Mush	Full Breakfast Menu available Featuring Omelet	Full Breakfast Menu available Featuring Pancakes	Full Breakfast Menu available Featuring Biscuit w/Gravy	Full Breakfast Menu available Featuring Breakfast Sandwich
Dinner	<u>Dinner</u>	Dinner	<u>Dinner</u>	Dinner	Dinner	Dinner
<u>Diffici</u>	<u>Dimici</u>	<u>Diffici</u>	<u>Diffici</u>	<u>Dimici</u>	<u>Dimici</u>	<u>Diffici</u>
Fried Chicken	Italian Beef	Sweet & Sour Chicken	Grilled Hamburgers	Greek Chicken	Harvest Meatballs	Teriyaki Chicken Breast
Mashed Potatoes	Italian Style			Rice Pilaf		
& Gravy	Vegetable Pasta Salad	White Rice	Potato Salad	Greek Salad	Texas Potatoes	Broccoli, Rice & Cheese Casserole
Corn	Peaches	Stir Fry Vegetables	Baked Beans	Steamed Broccoli	Mixed Vegetables	Mandarin Oranges
Fruit Salad	Cherry	Chocolate Cake	Deviled Eggs	Lemon Meringue Pie	Chef's Choice Dessert	Blueberry Pie
Caramel Apple Nut Pie	Cheesecake		Cherry Pie			National Blueberry
	National Cherry Cheesecake Day!					Pie Day!
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Sloppy Joe	Pork Carnita Nachos	English Muffin Sandwich	Popcorn Shrimp	Grilled Ham & Swiss Sandwich	Cheese Soup	BLT
Tater Tot	Southwest Corn &	w/Canadian Bacon, Egg, &	Baked Potato	3 Bean Salad	Tuna Salad Sandwich	Chex Mix
Pineapple	Black Bean Mix	Cheese	Green Beans	Peaches	Pickled Beets	Mixed Fruit
Ice Cream Treat	Strawberry Pie	Hash Brown	Banana Pudding	Rainbow Sherbet	Cookie	Chef's Choice Dessert
		Fresh Fruit				
		Cookie				

Sunday	Monday
April 29	April 30
Full Breakfast	Full Breakfast Menu
Menu available	<u>available</u>
Featuring	Featuring
Danish/Donut	French Toast
<u>Dinner</u>	<u>Dinner</u>
Roasted Turkey	Spaghetti w/Meat Sauce
Baked Sweet Potato	Steamed Broccoli
Cranberry Sauce	Garlic Bread
Green Bean	Fruit Blend
Casserole	Chocolate Cake
Pecan Pie	
<u>Supper</u>	<u>Supper</u>
BBQ Pork Sandwich	Chicken Almond Mandarin Salad
Fried Cheesy Cauliflower Bites	Cheese & Crackers
Applesauce	Oatmeal Cookie
Chocolate Chip Cookies	National Oatmeal Cookie Day!



ENTRÉE SUBSTITUTES

BURGER or CHEESEBURGER

H **HOT DOG**

HERB CHICKEN BREAST

UNSEASONED CHICKEN

LED CHEESE TOASTY

OW SODIUM CHICKEN SOUP

PEANUT BUTTER SANDWICH

FRUIT PLATE

CHICKEN SALAD

C DC C V S LS PB FP CS Q SIDE SALAD

* Substitution requests are for entrée only.

We ask you to please submit them to the kitchen

2 hrs. in advance of the meal.

Requests at meal time will be prepared *after* dining room has been served.

Happy Easter!

From Your Favorite Runny

R N Έ GH G SP RI NGO K MWS TYO В В B SREO B R B B AY KGCRQSL TGAXY RTSMNNQGZBQMW

Easter Bunny eggs baby chicks spring Jesus resurrection basket chocolate treats easter egg hunt

