





Monday, Wednesday, & Friday ~ 10:30 a.m.

Catholic Communion is available! <u>Ask the front desk.</u>



Need a <u>*Prayer*</u>? Do you know someone who does? Be sure to hang a request on the <u>*PRAYER Board*</u>!!

> <u>"And whatever you ask in prayer,</u> you will receive if you have faith."









August in History Famous People, Places and Events

August 1, 1790 - The first U.S. census shows that the population in America is 3,929,214 people. In 1850 there is an estimated 23.2 million people living in America. By 1900 there were over 76 million people. In 1950 there were about 152 million people and around the turn of the century, in 2000 the census bureau counted around 291,421,906 persons living in America.

August 1, 1873 - San Francisco, California has its first cable car in operation on Clay Street Hill. The San Francisco cable car system is the world's last permanently operational manually operated cable car system, and is an icon of San Francisco, California. It is the only transportation system listed on the National Register of Historic Places.

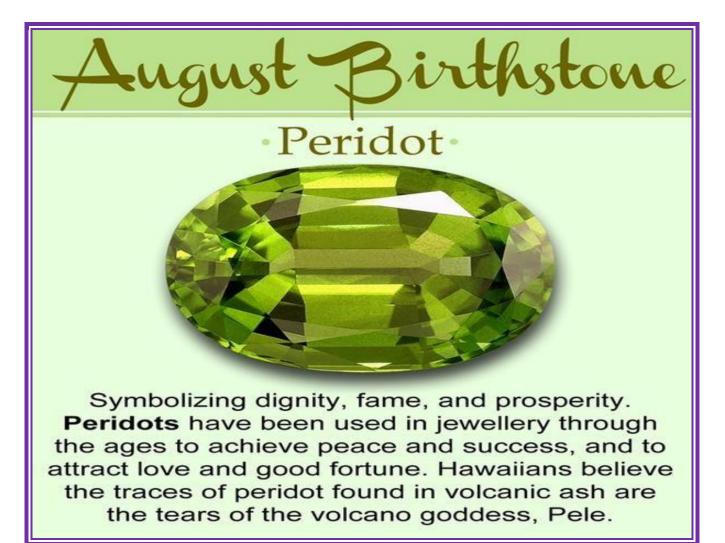
August 5, 1914 - On December 10, 1868, the first traffic lights were installed outside the British Houses of Parliament in London, by the railway engineer J. P. Knight. They resembled railway signals of the time, with semaphore arms and red and green gas lamps for night use. The gas lantern was turned with a lever at its base so that the appropriate light faced traffic. Unfortunately, it exploded on Jan. 2, 1869, injuring the policeman who was operating it. The modern electric traffic light is an American invention. As early as 1912 in Salt Lake City, Utah, policeman Lester Wire invented the first red-green electric traffic lights. On August 5, 1914, the American Traffic Signal Company installed a traffic signal system on the corner of East 105th Street and Euclid Avenue in Cleveland, Ohio. It had two colors, red and green, and a buzzer, based on the design of James Hoge, to provide a warning for color changes.

August 11, 1934 – Initially Alcatraz Island was a military fortress. Then, from 1850-1933, it was a military prison used by the U.S. Army. In 1934 the island was handed over to the U.S. Department of Justice to be used by the Federal Bureau of Prisons. Then on August 11, 1934 the first civilian prisoners arrived at Federal prison on Alcatraz Island.

....Because the month of August is the only month that lacks a holiday, I will give you some trivia about the month. During the month of August, the U.S. dropped the atomic bombs on Hiroshima & Nagasaki. The first income tax was collected in August, & the deaths of Elvis Presley & Marilyn Monroe each occurred during this month. World War I started in August of 1914. The Model T Ford went on sale and the first communications Satellite, Echo 1, was launched in August. World War II ended in August & Princess Diana was killed in a car accident in August as well. Martin Luther King made his famous "I Have a Dream" speech in August of 1963. August is the busiest month for vacations, as families get away before school resumes around the end of the month. Fall sports practice begins late in the month as students prepare to return to school. More people move during the first week of August than any other month of the year



August Colors- Red & Orange





August

Gladiolus flower signifies celebration, devotion, and loyalty. You have an inventive flair in you. You can easily attract people with your charm and great communication skills. You always try to give your best shot in life. You like to lead in life.

www.wishafriend.com

		A	UGUS	Г 2023		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Novie Nig4x		1 10:00 Men's Group 10:00 Women's Group 2:30 Walmart	2 10:30 Morning Stretch 1:00 Bible Study 6:15 Bingo	3 10:00 Farm & Fleet 1:00 Thrift Shops 5:45 Train	4 10:30 Morning Stretch 1:15 Keno 4:00 Happy Hour 6:00	5 10:00 Farmer's Market 1:00 Canasta 11:30 Chili Feast Community
6	7	8	9	10	Campfire 11	Games 24/7 12
3:30 Church Service	10:30 Morning Stretch 1:15 Bingo	10:00 MEN'S GROUP 10:00 WOMEN'S GROUP 10:00 PAW PRINT	10:30 Morning Stretch 1:00 Bible	10:00 DOLLAR GENERAL 1:00 MUELLER MUSEUM	10:30 Morning Stretch 1:15 Keno	10:00 Farmer's Market 1:00 Canasta
Service	5:45 Train 6:00 Park Music	MINISTRIES 12:00 HEAVEN BOUND 2:30 WALMART	Study 6:15 BINGO	5:45 TRAIN 7:00 Prairie Mennonites	6:00 Campfire w/ music by Joe	5:30 Billy Gault Community
		WALMART				Games 24/7

		A	UGUSI	Г 2023		1
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 3:30 Sunday Service	14 10:30 Morning Stretch 1:15 Bingo 5:45 Train	15 10:00 Men's Group 10:00 Women's Group	16 10:30 Morning Stretch 1:00 Bible Study	17 10:00 Dollar Tree 1:00 Zoo Trip 3:00 Art Time	18 10:30 Morning Stretch 12:30 Ice Cream Social 2:30 Keno 4:30	19 10:00 Farmer's Market 1:00 Canasta Community
20	6:00 Park Music 21	1:00 Sensible Hearing 22	6:15 BINGO 23	5:45 Train 24	Happy Hour 6:00 Campfire 25	Games 24/7
3:30 Sunday	10:30 Morning Stretch 1:15	10:00 Men's Group 10:00 Women's	10:30 Morning Stretch 12:30	10:00 ALDI 1:00 ART	10:30 Morning Stretch 1:15	10:00 Farmer's Market 1:00 Canasta
Service	Bingo 5:45 Train	Group 2:30 Walmart 6:00	Little Theater 1:00 Bible Study	2:30 HOBBY LOBBY	Keno 2:30 Bank Trip <mark>6:00</mark> Campfire	5:30 New Jerusalem Community
		Van Ride	6:15 BINGO	5:45 TRAIN	Music by Joe	Games 24/7

		A	UGUS	Г 2023		
Sunday	Monday	Tuesday	Wednesday	Thursday		
27	28	29	30	31		RNRA
	10:30	10.00	10.30	10.00		
	Morning	10:00	10:30	10:00		12 18 🗘 48 66
2.20	Stretch	Men's Group	Morning Stretch	Dollar Tree		14 27 40 51 75
3:30	1:15	10:00	Stretten	1:00	DIDID MAUDU	9 23 37 60 70
Sunday	Bingo	Women's	1:00	Library	KKHNIIV	
Service	2	Group	Bible Study			
	5:00		v	5:45	IS MADE AND A	
	Padgetts	2:15	6:15	Train		
		Walmart	BINGO			
	5:45					
	Train	5:30				
		Tracy Osborne				



MENU ENTRÉE SUBSTITUTES



B, CB	BURGER, CHEESEBURGER
VP	VEGETABLE PLATE
С	CHICKEN BREAST
G	CHEESE TOASTY
VS	VEGETABLE SOUP
CS	CHICKEN SOUP
HS	HAM SALAD
BS	BROCCOLI CHEESE SOUP
PB	PEANUT BUTTER SANDWICH
FP	FRUIT PLATE W/YOGURT
HD	HOT DOG
Q	SIDE SALAD
W QS	CHEF SALAD
SCS	STRAWBERRY CHICKEN SALAD

* Please submit your request to the Kitchen, or the Front Desk 2 hrs. in advance of the meal.
* Substitution requests are for <u>entrée only</u>. Requests at mealtime will be prepared after dining room has been served

AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 2023	AUGUST 2023	AUGUST 1	AUGUST 2	AUGUST 3	AUGUST 4	AUGUST 5
		BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAS SPECIAL	BREAKFAST SPECIAL
						English Muffin
		Fried Mush	Omelet	Pancakes	Biscuit & Gravy	Sandwich
		DINNER	DINNER	DINNER	DINNER	DINNER
		Dellah Course	C4ff-d	Chicken Parm	Salsa Chicken	Catfish
		Polish Sausage	Stuffed	Meatballs	Saisa Chicken	Nuggets
		w/ Cabbage	Pork Chop	wicatualis	Rice	Tuggets
		Develor Detetees	Dalaad Datata	Rice Pilaf	NICE	French Fries
		Parsley Potatoes	Baked Potato	Rice I hui	Broccoli	I'I CHCH I'I ICS
		Pears	Honor Comoto	Spinach	w/ Cheese	Coleslaw
		rears	Honey Carrots		w/ Cheese	CUICSIAW
		Dinconnlo Uncido	Spiced Apples	Breadstick	Mango	Strawberry Fluff
		Pineapple Upside Down Cake	Spiced Apples	Apricots	Mango	Strawberry Fluir
		Down Cake	Pie	Apricots	Root Beer	Cook's Choice
			r le	Carrot Cake	Float	COOK 5 CHOICE
		SUPPER	SUPPER	<u>SUPPER</u>	<u>SUPPER</u>	SUPPER
					HAPPY HOUR	
		Hot Ham	Ultimate	Hot Dog	Turkey & Swiss	Pulled Pork
		& Cheese	Chicken Pasta		Sandwich	
			Salad	Pea Salad		Onion Rings
		Summer Salad			Chips	
			Cheesecake	Melon	•	¹ /2 Banana
		Grapes	Fluff		Fresh Fruit	
				Oreo		Pudding
		Snickerdoodle	Lazy Day	Truffle	Chocolate Chip	Cup
			Bar		Cookie	

			AUGUST 2023			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 6	AUGUST 7	AUGUST 8	AUGUST 9	AUGUST 10	AUGUST 11	AUGUST 12
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
SPECIAL	SPECIAL	SPECIAL	SPECIAL	SPECIAL	<u>SPECIAL</u>	<u>SPECIAL</u> English Muffin
Danish/Donut	French Toast	Fried Mush	Omelet	Pancakes	Biscuit & Gravy	Sandwich
DINNER	<u>DINNER</u>	<u>DINNER</u>	DINNER	DINNER	<u>DINNER</u>	<u>DINNER</u>
Country	Meatloaf	Salmon Patty	Baked Turkey	Hamburger	Spaghetti	Beef
Fried Steak		•			w/ Meat Sauce	Stroganoff
	Baked Baked	Hushpuppies	Stuffing	French		
Mashed	Potato			Fries	Garlic Bread	Roasted
Potatoes		7 Layer Salad	Green Beans			Cauliflower
	Carrots			Coleslaw	Corn	
Vegetable Mix		Berries &	Cranberry			Melon
	Cantaloupe	Banana	Sauce	Fruit Salad	Mixed	
Pineapple &					Berries	Cook's
Mandarins	Pecan	Chocolate	Fried	S'mores		Choice
	Pie	Cake	Pie	Pie	Jello	
Cherry Cobbler					Poke Cake	
SUPPER	SUPPER	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>
Chicken	Chicken Salad	Chef Salad	Southwest	Shepherds	Pizza	Sloppy
Tenders			Scramble	Pie		Joe
	Broccoli Salad	Crackers			Tossed	
Fries			w/ Biscuit	Fruit	Salad	Corn Chips
	Creamsicle	Mixed		Cocktail		- 1
Grapes	Salad	Fruit	Mandarins		Fruit	Fruit
				Snickerdoodle		w/ Yogurt
Jello	Cookie	Mint	Danish		Ice Cream	0
w/ Fruit		Brownie			Treat	Pound Cake

AUGUST 2023

SUNDAY AUGUST 13	MONDAY AUGUST 14	TUESDAY AUGUST 15	WEDNESDAY AUGUST 16	THURSDAY AUGUST 17	FRIDAY AUGUST 18	SATURDAY AUGUST 19
BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	<u>BREAKFAST</u> <u>SPECIAL</u>	BREAKFAST SPECIAL
Danish/Donut	Waffle	Fried Mush	Omelet	Pancakes	Biscuit & Gravy	English Muffin Sandwich
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Fried Chicken	Pepper Steak	BBQ Ribs	Lasagna	Chicken	Baked Fish	Chicken
	w/ Rice			Supreme		Parmesan
Mashed Potatoes		Au Gratin	Breadstick		Macaroni	Spaghetti
	Stewed			Mashed	& Cheese	
Creamed Peas	Tomatoes	Roasted	Broccoli	Potatoes		Corn
		Vegetables			7 Layer Salad	
Fruit Salad	Apricots		Grape Salad	Vegetable Mix		Caramel
_ ~~		Fruit			Fresh Fruit	Apple Salad
Texas Sheet	Orange		Strawberry	Fruit Salad		
Cake	Float	Coconut	Shortcake		Carrot Cake	Peanut
		Pie		Cook's Choice		Butter Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	<u>SUPPER</u>	SUPPER
					HAPPY HOUR	
Hickory	Turkey	BLT	Wings	Biscuit		Hot
Meatballs	Tetrazzini		_	w/	Egg Salad	Ham & Swiss
		Chips	Pasta	Gravy		
Cauliflower	Lima Beans		Salad		Chips	Cucumber
	_	Ambrosia	~	Mandarins		& Onions
Melon	Pears	~ -	Strawberries		Pickle Spear	~
	~	Cowboy		Danish		Grapes
Peanut Butter	Cook's	Cookie	Ice Cream		Jello	~
Cookie	Choice		Treat		w/ Fruit	Cook's
						Choice

			AUGUST 2023			
SUNDAY AUGUST 20	MONDAY AUGUST 21	TUESDAY AUGUST 22	WEDNESDAY AUGUST 23	THURSDAY AUGUST 24	FRIDAY AUGUST 25	SATURDAY AUGUST 26
BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL	BREAKFAST SPECIAL
Danish/Donut	French Toast	Fried Mush	Omelet	Pancakes	Biscuit & Gravy	English Muffin Sandwich
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Apple Pork Chop	Russian Chicken	Taco Salad	Salisbury Steak	Sweet & Sour Chicken	Fried Shrimp	Deluxe Burger
Roasted Potatoes	Rice Pilaf	Corn Chips	Au Gratin Potatoes	Fried Rice	Baked Baked Potato	French Fries
Green Bean Casserole	Roasted Corn	Peaches & Pears	Lima Beans	Stir Fry Vegetables	7 Layer Salad	Mandarins
Fruit Salad	Mixed Fruit	Cheesecake	Fresh Fruit	Pineapple & Mango	Grape Salad	German Chocolate
Peach Pie	Berry Crisp		Pie	Coconut Cake	Lemon Cake	Cake
<u>SUPPER</u>	<u>SUPPER</u>	SUPPER	SUPPER	SUPPER	<u>SUPPER</u>	<u>SUPPER</u>
Ranch Chicken	English Muffin Pizza	Beef & Noodles Mixed	Chicken Salad	Goulash w/ Biscuit	Hot Dog	Ham Steak
Roasted Broccoli	Tossed Salad	Vegetables	Chips	Applesauce	Baked Beans	Broccoli
Apricots	Spiced Pears	Grapes	Fresh Fruit	Rice Krispy Treat	Mixed Fruit	Berries
Cook's Choice	Oatmeal Cookie	Pudding Dessert	Pumpkin Bar		No Bake Banana Cake	Ice Cream

AUGUST 2023

			AUGUS1 2023		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
AUGUST 27	AUGUST 28	AUGUST 29	AUGUST 30	AUGUST 31	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	<u>BREAKFAST</u>	
SPECIAL	<u>SPECIAL</u>	SPECIAL	<u>SPECIAL</u>	<u>SPECIAL</u>	
Danish/Donut	Waffle	Fried Mush	Omelet	Pancakes	
DINNER	DINNER	DINNER	DINNER	DINNER	
Roast Beef	Honey & Herb	Beef Teriyaki	Fish Stick	Hawaiian	
w/ Carrots	Pork Chop	Deer renyaki	Taco	Meatballs	
	I OIK Chop	White Rice	140	Wieatballs	
& Potatoes		white kice		Rice	
	Roasted Potatoes		Midwest	NICC	
Waldorf		Broccoli	Macaroni	Vegetable Mix	
Salad	California Blend		Salad		
		Pears		Mandarins	
Banana	Spiced Apples		Melon	& Pineapple	
Cake		Earthquake			
	Pumpkin Pie	Cake	Lemon Pie	Crunch	
	r			Brownie	
		CLIDDED	GUIDDED	CLIDDED	
<u>SUPPER</u>	<u>SUPPER</u>	SUPPER	<u>SUPPER</u>	<u>SUPPER</u>	
Turkey Salad	Spaghetti	Breaded	Turkey	Ham &	
v	10	Pork	Chef Salad	Vegetable	
Chips	Breadstick	Tenderloin		Quiche	
Cinps	Dicaustick	renderioni	C	Quicile	
		D	Spiced		
Pickle Spear	Green Beans	Pea Salad	Apples	Peaches	
Peaches	Butter Pecan	Tropical	Blueberry	Trail Mix	
& Cream	Cookie	Fruit	Snack Cake	Cookie	
		11410			
Sugar Cookie		Brownie			

Slightly Senior Moments

(Ideas for Bumper Stickers)

- 1) Of all the things I've lost, I miss my mind the most.
- 2) I don't know how I got over the hill without getting to the top.
- 3) Warning: Retiree--knows it all and has plenty of time to tell you about it.
- 4) Young at heart. Slightly older in other places.
- 5) Retirement: twice as much husband, half as much money.
- 6) Support Bingo. Keep Grandma off the streets.
- 7) Age is important, only if you're a cheese.
- 8) I'm not 70--I'm 20 with 50 years' experience.
- 9) Time may be a great healer, but it's a lousy beautician.
- 10) I never worry when I get lost. I just change where I want to go.

