

Tanglewood Village

QUALITY
SENIOR LIVING



September
2023

1293 S. 34th Street Decatur, IL 62521
(217) 423-5838



September Birthdays

8th Bobby K.

9th Alethea

17th Gerry

19th Barb T.

19th Dona G.

26th Joan M.

THE HEAVENLY SAPPHIRE SEPTEMBER BIRTHSTONE



www.goldenagebeads.com

FLOWER OF THE MONTH



Forget-me-not

SEPTEMBER

September

BIRTH FLOWER

wisdom
valor
faith
royalty
purity
innocence



ASTER

The Birth Flower of September: Morning Glory



Paul,

Hi there new *Neighbors.*

*Welcome
Home.*



! Ready ~ Set ~ Shop !

This month we will be going to Walmart, Dollar Tree, & more.

Check Activity Schedule to stay ahead of our shopping trips.

*Men's Group will be having breakfast out Tuesday the 12th.

*Women's Group will be having breakfast out Tuesday the 26th.



Health Services

Sensible Hearing Tuesday, September 5th @
1:00p.m.



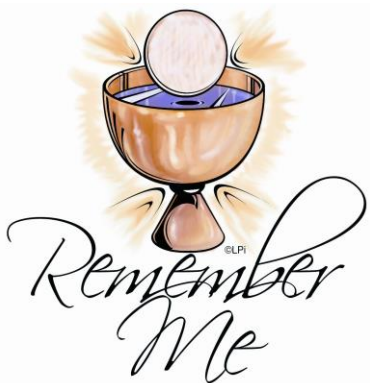
Exercises



Monday, Wednesday, & Friday ~ 10:30 a.m.

Catholic Communion is available!

Ask the front desk.



JESUS
Grace
SAVIOR
spirit REJOICE pray
LOVE Hope PRAISE
faith God Sacred JOY
GRACE
LORD
pray
FAITH
JOY
SAVIOR
peace
PRAY
SALVATION

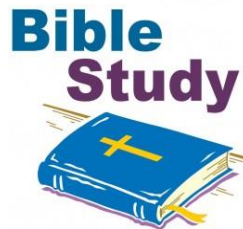


Do you need a Prayer? Do you know someone who does?

Be sure to add it to our PRAYER BOARD!!

“And whatever you ask in prayer, you will receive if you have faith.”

Activities September 2023



1) Friday

10:30
Morning Stretch

1:15
KENO

4:00
Happy Hour

6:00
Campfire

2) Saturday

Community
Games 24/7

11:00
Arthur Fest

2:00 Canasta

Activities September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 3:30 Church Service	4 Labor Day 10:30 Morning Stretch 1:15 BINGO 5:45 Train	5 10:00 Men's Group Women's Group 1:00 Sensible Hearing 3:00 Walmart	6 10:30 Morning Stretch 1:00 Bible Study 6:15 BINGO	7 10:00 Dollar Tree 1:00 Art 5:45 Train	8 10:30 Morning Stretch 1:15 KENO 6:00 Campfire Music	9 Community Games 24/7 10:00 Harvest Market 1:00 Canasta
10 3:30 Church Service	11 Patriot Day 10:30 Morning Stretch 1:15 BINGO 5:45 Train	12 10:00 Men's Group Women's Group 12:00 Heaven Bound 2:00 Walmart	13 10:30 Morning Stretch 1:00 Bible Study 6:15 BINGO	14 10:00 Aldi 1:00 Thrift Shops 5:45 Train	15 10:30 Morning Stretch 1:15 KENO 4:00 Happy Hour 6:00 Campfire	16 Community Games 24/7 10:30 Art Fest 1:00 Canasta

Activities September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 3:30 Church Service	18 10:30 Morning Stretch 1:15 BINGO 3:00 Walmart 5:45 Train	19 10:00 Men's Group 10:30 Champaign Mall 5:30 Tracy Osborne	20 10:30 Morning Stretch 1:00 Bible Study 6:15 BINGO	21 10:00 Farm & Fleet 1:00 Library 5:45 Train	22 10:30 Morning Stretch 1:15 KENO 6:00 Campfire Music	23 Community Games 24/7 1:00 Canasta
24 3:30 Church Service	25 10:30 Morning Stretch 1:15 BINGO 5:45 Train	26 10:00 Men's Group Women's Group 2:00 Walmart 6:00 Bus Ride	27 10:30 Morning Stretch 1:00 Bible Study 6:15 BINGO	28 10:00 Dollar General 1:00 Hobby Lobby 5:45 Train	29 10:30 Morning Stretch 1:15 KENO 6:00 Campfire	30 Community Games 24/7 1:00 Canasta 5:00 New Jerusalem

Name: _____

Labor Day Celebration

Word Search



R	I	X	M	C	G	U	I	R	E	S	T	Q	M	V	U	L
B	W	H	M	L	J	E	N	G	U	W	U	G	R	L	X	E
V	T	W	F	W	I	R	A	L	L	Y	V	V	R	X	I	U
Y	L	Z	X	V	D	J	V	R	H	P	U	A	P	D	L	K
W	A	W	C	X	Z	C	P	T	U	E	M	C	M	M	L	F
E	B	V	R	I	W	L	V	R	M	Z	Q	A	A	O	Q	F
X	O	S	W	V	H	Y	R	A	B	D	R	T	J	N	K	D
L	R	O	A	P	A	R	A	D	E	E	A	I	R	D	I	J
V	X	T	V	A	S	J	Y	E	N	S	I	O	V	A	U	C
R	G	R	G	R	R	B	J	D	F	I	J	N	W	Y	K	X
T	Z	J	Q	T	B	E	A	Q	H	B	H	M	H	V	V	T
B	R	Q	J	Y	I	J	R	A	T	Q	R	U	J	R	Y	K
W	I	J	G	S	W	P	U	H	G	P	U	N	I	O	N	B
H	G	R	D	Q	Q	G	P	O	C	K	R	F	A	D	N	V
J	H	I	H	L	U	E	H	L	H	P	U	L	L	M	A	N
F	T	Q	A	L	T	H	J	I	L	W	U	G	X	Y	O	U
J	S	T	R	I	K	E	E	D	B	Q	E	M	N	R	L	P
A	N	C	C	Z	X	C	R	A	L	P	P	I	C	N	I	C
T	B	T	J	K	C	U	N	Y	I	B	L	C	Z	S	E	G
Y	S	E	T	E	O	P	L	C	Q	C	Q	A	A	M	H	G
N	H	K	Q	O	R	G	A	N	I	Z	E	L	U	D	H	Q
K	Q	H	S	F	X	P	X	B	A	W	J	Y	E	T	Q	Y

HOLIDAY
LABOR
MONDAY
ORGANIZE
PARADE

PARTY
PULLMAN
RALLY
RIGHTS
STRIKE

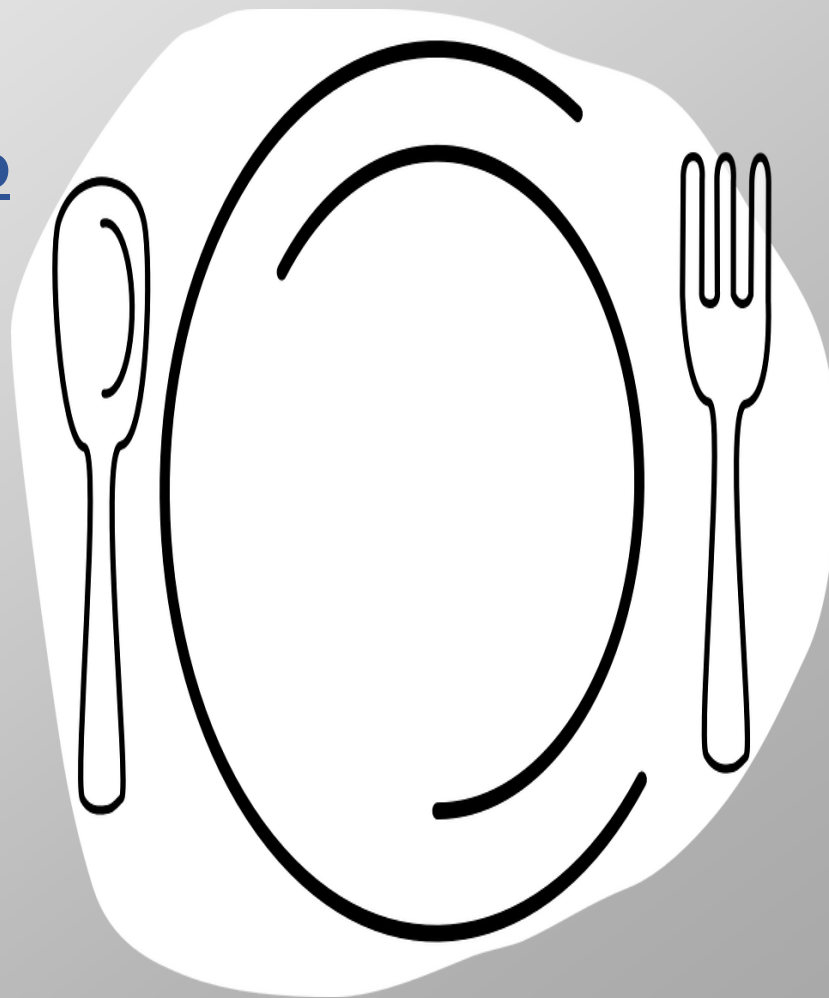
TRADE
UNION
VACATION
PICNIC
MCGUIRE





ENTRÉE SUBSTITUTES

<u>B, CB</u>	<u>BURGER</u> <i>or</i> <u>CHEESEBURGER</u>
<u>SCS</u>	<u>STRAWBERRY CHICKEN SALAD</u>
<u>C</u>	<u>CHICKEN BREAST</u>
<u>G</u>	<u>GRILLED CHEESE TOASTY</u>
<u>VP</u>	<u>VEGETABLE SOUP</u>
<u>HD</u>	<u>HOT DOG</u>
<u>VP</u>	<u>VEGETABLE PLATE</u>
<u>S</u>	<u>CHICKEN SOUP</u>
<u>HS</u>	<u>HAM SALAD</u>
<u>E</u>	<u>EGG SANDWICH</u>
<u>PB</u>	<u>PEANUT BUTTER SANDWICH</u>
<u>FP</u>	<u>FRUIT PLATE</u>
<u>QS</u>	<u>CHEF SALAD</u>
<u>Q</u>	<u>SIDE SALAD</u>



Substitutes are for Entrée only.

Please be courteous to our **WONDERFUL KITCHEN STAFF** by submitting your request for a substitute, at least 2 hours in advance of the meal. Thank You!! 🍷

SEPTEMBER

Friday
September 1

Saturday
September 2

Featuring
Biscuits & Gravy

Featuring
**English Muffin
Sandwich**



Dinner

Dinner

- Baked Turkey
- Mashed Potatoes
- Dressing
- Vegetable Mix
- Mixed Fruit
- Pumpkin Pie

- Salmon Patty
- Hushpuppies
- 7 Layer Salad
- Fresh Fruit
- Cherry Delight



Supper

Supper

- Grilled
Hot Dog
- Potato Salad
- Pickle Spear
- Pineapple
- Cookie

- Ham
Chef Salad
- Hard
Boiled Egg
- Melon
- Brownie

Sunday September 3	Monday September 4	Tuesday September 5	Wednesday September 6	Thursday September 7	Friday September 8	Saturday September 9
Featuring Danish/ Donuts	Featuring French Toast	Featuring Mush	Featuring Omelets	Featuring Pancakes	Featuring Biscuits & Gravy	Featuring English Muffin Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Pork Roast w/ Gravy	Hamburgers & Hot Dogs	Catfish	Roast Beef	Meatloaf	Spaghetti w/ Meat Sauce	Salisbury Steak
Baked Potato	Potato Salad	Mac & Cheese	Diced Potatoes	Mashed Potatoes	Breadstick	Mashed Potatoes
Corn	Baked Beans	Coleslaw	Carrots	Green Beans	Spinach	Corn
Berries	Watermelon	Fruit Salad	Pineapple w/ Grapes	Melon	Baked Apples	Fruit Mix
Forest Fruit Pie	Dessert	Amish Sugar Cream Pie	Cook's Choice	Cheesecake	Birthday Cake	Cook's Choice
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
BBQ Pulled Pork	Ham Steak	Taco Salad	Chicken Pot Pie	Wings	Beef & Noodles	Broccoli Cheese Soup
Fries	Brussell Sprouts	Corn Chips	Watermelon	Baked Beans	Carrots	w/ Roll
Fruit	Mixed Fruit	Pineapple	Pudding Cup	Celery w/ PB	Spiced Pears	Fruit Cocktail
Oatmeal Cookie	Chocolate Chip Cookie	Churro		Pecan Bar	PB Cookie	Applesauce Bar

Sunday September 10	Monday September 11	Tuesday September 12	Wednesday September 13	Thursday September 14	Friday September 15	Saturday September 16
Featuring Danish/Donut	Featuring Waffle	Featuring Fried Mush	Featuring Omelet	Featuring Pancakes	Featuring Biscuit w/Gravy	Featuring English Muffin Sandwich
<u>Dinner</u> Baked Turkey Sweet Potato Green Bean Casserole Apricots Peach Cobbler	<u>Dinner</u> Pork Chop Au Gratin Potatoes Broccoli Pears Cherry Pie	<u>Dinner</u> Open Face Roast Beef Mashed Potatoes Vegetable Mix Fresh Fruit Carrot Cake	<u>Dinner</u> Fried Shrimp Mac & Cheese Coleslaw Peaches & Pears Pie	<u>Dinner</u> Salisbury Steak Mashed Potatoes Roasted Corn Melon Red Velvet Cake	<u>Dinner</u> Baked Ham Sweet Potato Casserole Fried Cabbage Baked Apples Straw-Barb Pie	<u>Dinner</u> Orange Chicken w/ Rice Stir Fry Vegetables Fruit Cocktail Pecan Pie
<u>Supper</u> Egg Salad Crackers Chips Mixed Fruit Cook's Choice	<u>Supper</u> Chili Cornbread Pickle Spear Pumpkin Bar	<u>Supper</u> Turkey Tetrazzini Peas Fruil Cocktail M&M Cookie	<u>Supper</u> Chicken Tenders Fries Berries Ice Cream Treat	<u>Supper</u> Baked Spaghetti w/ Roll Green Beans Fruit Snickerdoodle	<u>Supper</u> Chicken Salad Crackers Garden Cottage Cheese Fruit Mix Pudding	<u>Supper</u> Beef Stew w/ Roll Grapes Peanut Butter Cookie

Sunday September 17	Monday September 18	Tuesday September 19	Wednesday September 20	Thursday September 21	Friday September 22	Saturday September 23
Featuring Danish/Donut	Featuring French Toast	Featuring Mush	Featuring Omelet	Featuring Pancakes	Featuring Biscuit w/Gravy	Featuring English Muffin Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Fried Chicken Mashed Potatoes Peas Mixed Fruit Blueberry Cobbler	Spaghetti w/ Meatballs Breadstick Corn Mandarins Raisin Cream Pie	Chicken Alfredo w/ Breadstick Brussell Sprouts Blueberries & Pineapple Quake Cake	Baked Salmon Baked Potato Cauliflower Fruit Salad Peach Pie	Russian Chicken Diced Cheesy Potatoes Green Beans Peaches Bread Pudding	Country Fried Steak Mashed Potatoes Carrots Melon Mayo Cake	Meatloaf Mashed Potatoes Lima Beans Fruit Mix Banana Cake
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Sloppy Joe Corn Chips Fruit w/ Yogurt Pumpkin Bar	Glazed Ham Steak Angel Egg Fruit Cocktail Cook's Choice	Breakfast Scramble Biscuit Mandarins Cinnamon Roll	Italian Sub Chips Fruit Mix Blueberry Snack Cake	Ham & Beans Cornbread Pickle Spear Jell w/ Fruit	Homemade Pizza Pasta Salad Fruit Angel Food Cake	Corn Dog Baked Beans Fruit Salad PB Krispy Treat

Sunday September 24	Monday September 25	Tuesday September 26	Wednesday September 27	Thursday September 28	Friday September 29	Saturday September 30
Featuring Danish/Donut	Featuring Waffle	Featuring Mush	Featuring Omelet	Featuring Pancakes	Featuring Biscuit w/ Gravy	Featuring Breakfast Sandwich
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Pork Roast	Herb Chicken	Lasagna	Salisbury Steak	Shrimp Alfredo	Peach Glazed Pork Chop	Chicken & Noodles
Twice Baked Potato	Baked Potato	Breadstick	Mashed Potatoes	Breadstick	Party Potatoes	Mashed Potatoes
Vegetable Mix	Lima Beans	Green Beans	Corn	Broccoli	Peas & Carrots	Vegetable Mix
Pineapple	Applesauce	Grapes	Strawberries	Melon	Fresh Fruit	Peaches
Apple Pie	Honey Bun Cake	Pecan Pie	Cook's Choice	Yum Yum Cake	Chocolate Silk Pie	Boston Cream Pie
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Quiche	Beef Stroganoff	Hickory Smoked Meatballs	Chicken Noodle Soup	Biscuit w/ Gravy	Chicken Parmesan w/ Marinara	Breaded Pork Tenderloin Sandwich
Cherry Fluff	Peas	Au Gratin Potatoes	½ PB Sandwich	Pineapple & Mandarins	Broc- Cauliflower Salad	Fries
Cowboy Cake	Apricots	Broccoli	Jell w/ Fruit	Coffee Cake	Fruit Cocktail	Grapes
	Banana Pudding	Cook's Choice			Sour Cream Cookie	Molasses Cookie



Hello
September