

Tanglewood Village

QUALITY
SENIOR LIVING



February 2022

1293 S. 34th St. Decatur, IL 62521 (217)423-5838



Happy Birth day

Happy Birth day



Happy Birth day

Happy Birth day

Happy Birth day

19th Don S.

23rd Edith

27th Sherman

! Ready ~ Set ~ Shop !

This month we will be going to Dollar Tree, Wal-Mart, & more!
Stay ahead of our shopping trips & dates.

!Check the Activity Schedule!



Health Services

Sensible Hearing:

Tuesday, February 1st @ 3:00p.



Exercises



Monday, Wednesday, & Friday @ 8:00 a.m.

Catholic Communion is available!

Ask the front desk.



Be sure to hang a Prayer Request on the line!

“And whatever you ask in prayer, you will receive if you have faith.”



About the Month of February



February is the 2nd month of the year and has 28 or 29 days. The 29th day is every 4 years during leap year.

Season (Northern Hemisphere): Winter Holidays Chinese New Year, National Freedom Day, Groundhog Day, Valentine's Day, President's Day, Mardi Gras, Ash Wednesday, Black History Month, American Heart Month, Chocolate Lover's Month, National Bird Feeding Month, & National Dental Month.

Symbols of February:

Birthstone: Amethyst

Flower: Primrose

Zodiac signs: Aquarius and Pisces

History: February was added to the Roman calendar in 713 BC. The length of the month changed over time and, at one time, it had as few as 23 days. When Julius Caesar remade the Roman calendar, the month was assigned 28 days during normal years and 29 days during leap years which occurred every four years.

February in Other Languages Chinese (Mandarin) - èryuè Danish - februar French - février Italian - febbraio Latin - Februarius Spanish - febrero

Historical Names: Roman: Februarius Saxon: Sol-monath Germanic: Hornung

Fun Facts about February

It is the shortest month of the year.

The Welsh call February "y mis bach" which means "little month".

It is the third month of winter.

In the Southern Hemisphere February is a summer month the equivalent of August.

The month is named for the Latin word februum which means purification.

Together with January, it was the last of the months added to the Roman calendar.

The largest American sporting event of the year, the Super Bowl, is held in February.

The Saxon term for the month, Sol-monath, means "cake month". This is because they offered cakes to the gods during this month.



Valentine's Day Word Search

E S M W B F
T R A E H C A R D N
O R O S E S V I V M N F
O F L O W E R S G E C A N D Y X
H A N D H O L D I N G L L O R T S
H U G S T C D P D K F B E M I N E
Q S R O T I U S U N E C N A M O R
D I P U C H O C O L A T E V Z
S G N I L E E F C G I F T
F R P V N D I A M O N D Z
Y E W Y R A U R B E F
V V P Q R T I Y T
O U R Z E
L O V
W

Arrow
Be Mine
Candy
Card
Chocolate
Couples
Cupid

Date
Diamond
February
Feelings
Flowers
Friendship
Gift

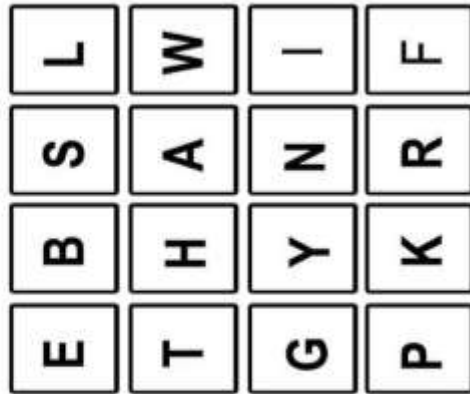
Hand holding
Heart
Hugs
Kisses
Love
Lovers
Romance

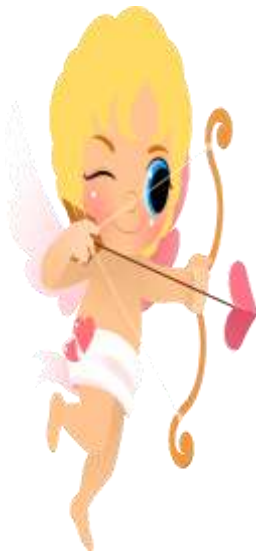
Roses
Stroll
Suits
Valentine

Activities February 2022

Boggle

How many words can you make using the letters below?





1

9:30
Walmart

10:00
Men's Group

11:00
Daily Bread

1:00
Valentine Craft

6:00
BINGO

2

8:00
Morning
Stretch

1:00
Bible
Study

6:00
BINGO

3

10:00
Dollar Tree

1:00
Keno

7:00
Prairie
Mennonites

4

8:00
Morning
Stretch

4:30
Happy
Hour

5

1:00
Bingo

Community
Games

Activities February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6</p> <p>3:30 Church Service</p> 	<p>7</p> <p>8:00 Morning Stretch</p> <p>1:00 Bingo</p>	<p>8</p> <p>10:00 Men's Group</p> <p>10:00 Paw Prints</p> <p>1:00 Farm & Fleet</p> <p>5:00 Music w/ Stevie</p>	<p>9</p> <p>8:00 Morning Stretch</p> <p>1:00 Bible Study</p> <p>6:00 BINGO</p>	<p>10</p> <p>10:00 Wellness w/ KJ</p> <p>1:00 Keno</p> <p>1:00 Walmart</p>	<p>11</p> <p>8:00 Morning Stretch</p> <p>6:00 Movie Night</p>	<p>12</p> <p>1:00 Bingo</p> <p>Community Games</p> 
<p>13</p> <p>3:30 Church Service</p> 	<p>14</p> <p>8:00 Morning Stretch</p> <p>1:00 Bingo</p> <p>5:00 Billy Gault</p>	<p>15</p> <p>10:00 Men's Group</p> <p>10:00 Dollar General</p> <p>11:00 Daily Bread</p> <p>12:00 New Jerusalem</p> <p>6:00 BINGO</p>	<p>16</p> <p>8:00 Morning Stretch</p> <p>1:00 Bible Study</p> <p>6:00 BINGO</p>	<p>17</p> <p>10:00 Walmart</p> <p>1:00 Keno</p> <p>1:30 Coloring</p> 	<p>18</p> <p>8:00 Morning Stretch</p> <p>4:30 Happy Hour</p>	<p>19</p> <p>1:00 Bingo</p> <p>Community Games</p> 

Activities February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20</p> <p>2:30 Baton Twirlers</p> <p>3:30 Church Service</p> 	<p>21</p> <p>8:00 Morning Stretch</p> <p>1:00 Bingo</p>	<p>22</p> <p>10:00 Men's Group</p> <p>10:00 Dollar Tree</p> <p>11:00 Daily Bread</p> <p>12:00 Tracy O.</p> <p>6:00 BINGO</p>	<p>23</p> <p>8:00 Morning Stretch</p> <p>1:00 Bible Study</p> <p>6:00 BINGO</p>	<p>24</p> <p>10:00 Thrift Stores</p> <p>1:00 Keno</p> 	<p>25</p> <p>8:00 Morning Stretch</p> <p>6:00 Night @ the AMC THEATER</p>	<p>26</p> <p>1:00 Bingo</p> <p>Community Games</p> 
<p>27</p> <p>3:30 Church Service</p> 	<p>28</p> <p>8:00 Morning Stretch</p> <p>1:00 Bingo</p>					



ENTRÉE SUBSTITUTES

<u>B, CB</u>	<u>BURGER</u> <i>or</i> <u>CHEESEBURGER</u>
<u>H</u>	<u>HOT DOG</u>
<u>C</u>	<u>CHICKEN BREAST</u>
<u>HS</u>	<u>HAM SALAD</u>
<u>G</u>	<u>GRILLED CHEESE TOASTY</u>
<u>V</u>	<u>VEGETABLE SOUP</u>
<u>S</u>	<u>CHICKEN SOUP</u>
<u>CH</u>	<u>CHILI</u>
<u>E</u>	<u>EGG SANDWICH</u>
<u>PB</u>	<u>PEANUT BUTTER SANDWICH</u>
<u>FP</u>	<u>FRUIT PLATE</u>
<u>CS</u>	<u>CHICKEN SALAD</u>
<u>Q</u>	<u>SIDE SALAD</u>
<u>F</u>	<u>FISH</u>

* Substitution requests are for entrée only.

We ask you to please submit them to the kitchen 2 hrs. in advance of the meal.

Requests at mealtime will be prepared after dining room has been served.

FEBRUARY 2022

*Sunday Feb 27	*Monday Feb 28	Tuesday Feb 1	Wednesday Feb 2	Thursday Feb 3	Friday Feb 4	Saturday Feb 5
<u>Full Menu</u> Featuring Danish/ Donuts	<u>Full Menu</u> Featuring Waffle	<u>Full Menu</u> Featuring Mush	<u>Full Menu</u> Featuring Omelets	<u>Full Menu</u> Featuring Pancakes	<u>Full Menu</u> Featuring Biscuits & Gravy	<u>Full Menu</u> Featuring Danish/Donut
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Baked Ham	Pot Roast	Ranch Chicken	Salisbury Steak	Baked Pork Chop	Fried Catfish	Stuffed Green Pepper
Sweet Potato	Diced Potatoes	Au Gratin Potatoes	Mashed Potatoes	Baked Potato	Hush Puppies	Oranges
Green Bean Casserole	Carrots	Green Beans	Brussel Sprouts	Carrots	7 Layer Salad	Biscuit
Oranges	Mandarins	Fruit	Jello w/ Fruit	Fruit w/ Yogurt	Fresh Fruit	Pudding Dessert
Chocolate Cake	Strawberry Shortcake	Pudding Dessert	Pecan Pie	Lemon Cake	Red Velvet Cake	
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Meatballs	Chicken Noodle Soup	Vegetable Beef Soup	Tomato Soup	Chef Salad	Drumstick	Turkey Sandwich
Scalloped Potatoes	½ Cheese Toasty	½ Ham Sandwich	½ Cheese Toasty	Crackers	Mashed Potatoes	Chips
Fresh Vegetables	Pears	Apricots	Pickle Spear	Boiled Egg	Corn	Fruit
Fresh Fruit	Cook's Choice Dessert	Cook's Choice Dessert	Chocolate Cake	Fruit Cocktail	Fruit	Brownie
Pudding Dessert				Cupcake	Cookie	

FEBRUARY 2022

Sunday Feb 6	Monday Feb 7	Tuesday Feb 8	Wednesday Feb 9	Thursday Feb 10	Friday Feb 11	Saturday Feb 12
<u>Full Menu</u> Featuring Danish/ Donuts	<u>Full Menu</u> Featuring French Toast	<u>Full Menu</u> Featuring Mush	<u>Full Menu</u> Featuring Omelets	<u>Full Menu</u> Featuring Pancakes	<u>Full Menu</u> Featuring Biscuits & Gravy	<u>Full Menu</u> Featuring Danish/Donut
<u>Dinner</u> Lasagna Breadstick Peas Fruit Cook's Choice Dessert	<u>Dinner</u> Country Fried Steak Mashed Potatoes Green Beans Mandarins Chocolate Sheet Cake	<u>Dinner</u> Pork Tenderloin Sandwich Fries Mixed Vegetables Fruit Chocolate Mousse	<u>Dinner</u> Baked Ham Sweet Potatoes Beets Fresh Fruit Jello Poke Cake	<u>Dinner</u> Meatloaf Mashed Potatoes Broccoli Mixed Fruit Peach Cobbler	<u>Dinner</u> Cod Fillet Diced Potatoes Mixed Vegetables Pineapple Chocolate Cupcake	<u>Dinner</u> Hickory Meatballs Au Gratin Potatoes Pasta Salad Fruit Cocktail Cook's Choice
<u>Supper</u> Ham & Beans Cornbread Pickle Spear Strawberries Ice Cream	<u>Supper</u> Chili Mac Garlic Toast Corn Peaches Cook's Choice	<u>Supper</u> Broccoli Cheese Soup ½ Ham Sandwich Watermelon Cookie	<u>Supper</u> Chicken Alfredo Breadstick Carrots Fruit Cook's Choice	<u>Supper</u> Chicken Tenders Fries Baked Beans Spiced Pears Cookie	<u>Supper</u> Turkey Sandwich Chips Fresh Fruit Brownie	<u>Supper</u> Vegetable Beef Soup Crackers Cottage Cheese Peanut Butter Krispie Treat

FEBRUARY 2022

Sunday Feb 13	Monday Feb 14	Tuesday Feb 15	Wednesday Feb 16	Thursday Feb 17	Friday Feb 18	Saturday Feb 19
<u>Full Menu</u> Featuring Danish/Donut	<u>Full Menu</u> Featuring Waffle	<u>Full Menu</u> Featuring Fried Mush	<u>Full Menu</u> Featuring Omelet	<u>Full Menu</u> Featuring Pancakes	<u>Full Menu</u> Featuring Biscuit w/Gravy	<u>Full Menu</u> Featuring Danish/Donut
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Fried Chicken	Roast Beef	Chili	Salisbury Steak	Spaghetti	Salmon Patty	BBQ Meatballs
Mashed Potatoes	Scalloped Potatoes	½ Turkey Sandwich	Mashed Potatoes	w/ Garlic Bread	Diced Potatoes	Scalloped Potatoes
Green Beans	Mixed Vegetables	Pickle Spear	Brussel Sprouts	Peaches	Coleslaw	Fruit Cocktail
Fruit	Fruit Mix	Fresh Fruit	Fruit	Chocolate Cake	Fresh Fruit	No Bake Cookie
Pumpkin Pie	Chocolate Mousse	Carrot Cake	Lemon Cake	Cook's Choice		
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Tomato Soup	Sloppy Joe	Pulled Pork Sandwich	Cheese Soup	Chicken Tenders	Ham & Beans	Chicken Noodle Soup
½ Cheese Toasty	Corn Chips	Au Gratin Potatoes	½ Ham Sandwich	Fries	Cornbread	Jello w/ Fruit
Carrots	Fresh Vegetables	Mixed Vegetables	Pineapple	Baked Beans	Pickle Spear	Cook's Choice Dessert
Fruit	Pineapple	Fruit	Ice Cream Treat	Fruit	Fresh Fruit	
Cookie	Cook's Choice	Pudding Dessert		Cookie	Brownie	

FEBRUARY 2022

Sunday Feb 20	Monday Feb 21	Tuesday Feb 22	Wednesday Feb 23	Thursday Feb 24	Friday Feb 25	Saturday Feb 26
<u>Full Menu</u> Featuring Danish/Donut	<u>Full Menu</u> Featuring French Toast	<u>Full Menu</u> Featuring Fried Mush	<u>Full Menu</u> Featuring Omelet	<u>Full Menu</u> Featuring Pancakes	<u>Full Menu</u> Featuring Biscuit w/Gravy	<u>Full Menu</u> Featuring Donut/Danish
<u>Dinner</u> Parmesan Chicken Diced Potatoes Mixed Vegetables Pineapple Cook's Choice Dessert	<u>Dinner</u> Pork Tenderloin Mashed Potatoes Carrots Fruit Cook's Choice Dessert	<u>Dinner</u> BBQ Ribs Scalloped Potatoes Chuck Wagon Corn Fresh Fruit Chocolate Cake	<u>Dinner</u> Baked Turkey Mashed Potatoes Mixed Vegetables Fruit Pumpkin Pie	<u>Dinner</u> Meatloaf Au Gratin Potatoes Broccoli Mixed Fruit Peach Cobbler	<u>Dinner</u> Fried Cod Hush Puppies 7 Layer Salad Fruit Cook's Choice Dessert	<u>Dinner</u> Wings Fries Baked Beans Fruit Cook's Choice Dessert
<u>Supper</u> Baked Potato Soup Fruit Cookie	<u>Supper</u> Chili Mac Garlic Bread Corn Chocolate Pudding	<u>Supper</u> Ham Sandwich Chips Pickles Fruit w/ Cream Cook's Choice Dessert	<u>Supper</u> Italian Beef Onion Rings Garden Cottage Cheese Apricots Cook's Choice	<u>Supper</u> Broccoli Cheese Soup ½ Turkey Sandwich Fruit Cookie	<u>Supper</u> Pizza Salad Fruit Cook's Choice Dessert	<u>Supper</u> Beef Stew w/ Biscuit Pineapple Yellow Cake



*Love
conquers
all...*

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