

**Tanglewood Village**  
QUALITY  
SENIOR LIVING

**JANUARY**



**1293 South 34th St. Decatur, IL 62521**  
**Phone (217) 423-5838**

6<sup>th</sup> Bonnie R.

16<sup>th</sup> Gloria B.

19<sup>th</sup> Judy M.

27<sup>th</sup> Joan E.







# WINTER



# WORD SEARCH

BOOTS	HOT COCOA
MITTENS	HAT
ICICLE	SCARF
SNOWMAN	SNOWFLAKE
JACKET	FROZEN
PENGUIN	WINTER
SKIING	FIREPLACE
SLEDDING	SWEATER

Search the puzzle below to find the 16 winter related words.

J H I O E Z V V O H D D Y V J  
X O F Q D M V F K J H S D F O  
B T G G F I R E P L A C E R M  
O C E V R I P G P X P A Z O F  
O O S K I I N G R A E R H Z S  
T C F C Z D M W Q Z N F A E L  
S O L O L G P D D N G N T N E  
P A F K M Y W W H W U R S V D  
W Q U X U C U V D Y I S W R D  
I S N O W F L A K E N N E J I  
N C T Q T L K O P H K O A A N  
T I I P W G X X R J F W T C G  
E G E C M I T T E N S M E K O  
R G E X L K Q G S Z T A R E P  
H U D X G E W C Q H L N Z T N



# WORD SCRAMBLE

Try and unscramble the 5 winter related words below.

RADIBZZL \_\_\_\_\_

OWROSSNTM \_\_\_\_\_

GNIERFZ \_\_\_\_\_

OHT ETOCCOHAL \_\_\_\_\_

ODLC \_\_\_\_\_

# *Winter* WORD SCRAMBLE

WSNO  
 TNIEWR  
 CEI  
 IEDLDSGN  
 FRZENO  
 OFTSR  
 ICE SAINGTK  
 WNDI  
 OSWN ABLL  
 LODC  
 OHT OACOC  
 CAEPLIFRE  
 WAOMNNS  
 OFKLEWNAS  
 OVSGEL  
 ATH

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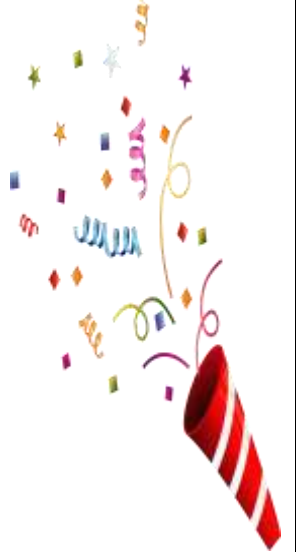

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# January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p>  <p><b>24 Hour Community Area Games</b></p> <p><b>1:00 Bingo</b></p>
<p>2</p> <p><b>3:30 Sunday Services</b></p>	<p>3</p> <p><b>8:00 Morning Stretch</b></p> <p><b>1:00 Bingo</b></p>	<p>4</p> <p><b>10:00 Dollar Tree</b></p> <p><b>12:00 Billy Gault</b></p> <p><b>1:00 Valentine Craft</b></p> <p><b>3:00 Sensible Hearing</b></p> <p><b>6:00 Bingo</b></p>	<p>5</p> <p><b>8:00 Morning Stretch</b></p> <p><b>6:00 BINGO</b></p>	<p>6</p> <p><b>10:00 Walmart</b></p> <p><b>1:00 KENO</b></p>	<p>7</p> <p><b>8:00 Morning Stretch</b></p> <p><b>4:30 Happy Hour</b></p>	<p>8</p> <p><b>24 Hour Community Area Games</b></p> <p><b>1:00 Bingo</b></p>

# January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>9</b>  <b>3:30</b> <b>Sunday</b> <b>Services</b>	<b>10</b>  <b>8:00</b> <b>Morning</b> <b>Stretch</b>  <b>1:00</b> <b>Bingo</b>	<b>11</b> <b>10:00</b> <b>Men's Group</b>  <b>10:00</b> <b>Pawprint</b> <b>Ministries</b>  <b>10:30</b> <b>Dollar General</b>  <b>5:00</b> <b>Stevie Kelton</b>	<b>12</b>  <b>8:00</b> <b>Morning</b> <b>Stretch</b>  <b>1:00</b> <b>Bible</b> <b>Study</b>  <b>6:00</b> <b>BINGO</b>	<b>13</b>  <b>10:00</b> <b>WELLNESS</b> <b>W/ KJ</b>  <b>1:00</b> <b>KENO</b>	<b>14</b>  <b>8:00</b> <b>Morning</b> <b>Stretch</b>  <b>6:00</b> <b>Movie</b> <b>Night</b>	<b>15</b>  <b>24 Hour</b> <b>Community</b> <b>Area</b> <b>Games</b>  <b>1:00</b> <b>Bingo</b>
<b>16</b>  <b>3:30</b> <b>Sunday</b> <b>Services</b>	<b>17</b>  <b>8:00</b> <b>Morning</b> <b>Stretch</b>  <b>1:00</b> <b>Bingo</b>	<b>18</b> <b>10:00</b> <b>Men's Group</b>  <b>10:00</b> <b>Thrift Stores</b>  <b>12:00</b> <b>New</b> <b>Jerusalem</b>  <b>1:00</b> <b>Coloring Book</b>  <b>6:00 Bingo</b>	<b>19</b>  <b>8:00</b> <b>Morning</b> <b>Stretch</b>  <b>1:00</b> <b>Bible</b> <b>Study</b>  <b>6:00</b> <b>BINGO</b>	<b>20</b>  <b>10:00</b> <b>Walmart</b>  <b>1:00</b> <b>KENO</b>	<b>21</b>  <b>8:00</b> <b>Morning</b> <b>Stretch</b>  <b>4:30</b> <b>Happy</b> <b>Hour</b>	<b>22</b>  <b>24 Hour</b> <b>Community</b> <b>Area</b> <b>Games</b>  <b>1:00</b> <b>Bingo</b>

# January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>23</p> <p><b>3:30</b> Sunday Services</p>	<p>24</p> <p><b>8:00</b> Morning Stretch</p> <p><b>1:00</b> Bingo</p>	<p>25</p> <p><b>10:00</b> Men's Group</p> <p><b>10:00</b> Dollar Tree</p> <p><b>11:00</b> Daily Bread</p> <p><b>1:00</b> Farm &amp; Fleet</p> <p><b>6:00</b> Bingo</p>	<p>26</p> <p><b>8:00</b> Morning Stretch</p> <p><b>1:00</b> Bible Study</p> <p><b>6:00</b> BINGO</p>	<p>27</p> <p><b>10:00</b> Hickory Point Mall</p> <p><b>1:00</b> KENO</p>	<p>28</p> <p><b>8:00</b> Morning Stretch</p> <p><b>6:00</b> Movie Night</p>	<p>29</p> <p><b>24 Hour</b> Community Area Games</p> <p><b>1:00</b> Bingo</p>
<p>30</p> <p><b>3:30</b> Sunday Services</p>	<p>31</p> <p><b>8:00</b> Morning Stretch</p> <p><b>1:00</b> Bingo</p>					



# **! Ready ~ Set ~ Shop !**

This month we will be going to Farm & Fleet,  
Hickory Point Mall, Wal-Mart, & more!

*!Check the Activity Schedule!*

Stay ahead of our shopping trips & dates.



## **Health Services**

Sensible Hearing:

Tuesday, January 4<sup>th</sup> @ 3:00p.



## **Morning Stretch**



Monday, Wednesday, & Friday @ 8:00 a.m.

*Catholic Communion is available!*

*Ask the front desk.*



Be sure to drop a request in our **PRAYER BASKET!!**

*“And whatever you ask in prayer, you will receive if you have faith.”*



## **MENU *ENTRÉE* SUBSTITUTES**

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<b>B, CB</b>	<b>BURGER <i>or</i> CHEESEBURGER</b>
<b>H</b>	<b>HOT DOG</b>
<b>C</b>	<b>CHICKEN BREAST</b>
<b>G</b>	<b>GRILLED CHEESE TOASTY</b>
<b>V</b>	<b>VEGETABLE SOUP</b>
<b>S</b>	<b>CHICKEN SOUP</b>
<b>F</b>	<b>FISH</b>
<b>E</b>	<b>EGG SANDWICH</b>
<b>PB</b>	<b>PEANUT BUTTER SANDWICH</b>
<b>FP</b>	<b>FRUIT PLATE</b>
<b>CS</b>	<b>CHICKEN SALAD</b>
<b>Q</b>	<b>SIDE SALAD</b>
<b>CH</b>	<b>CHILI</b>

\* Substitution requests are for entrée only.

We ask you to please submit them to the kitchen  
2 hrs. in advance of the meal.

Requests at mealtime will be prepared after the  
dining room has been served.

JANUARY 2022

SUNDAY 30	MONDAY 31					<b>Saturday 1</b>
<b><u>Breakfast Special</u></b> Danish/Donut	<b><u>Breakfast Special</u></b> Waffles					<b><u>Breakfast Special</u></b> English Muffin Sandwich
<b><u>Dinner</u></b>  Meatloaf  Mashed Potatoes  Green Beans  Fresh Fruit  Cook's Choice Dessert	<b><u>Dinner</u></b>  Spaghetti  Garlic Bread  Carrots  Texas Sheet Cake		 <p>Recipes are like a dating service. They never end up looking like the picture.</p>			<b><u>Dinner</u></b>  Chicken & Noodles  Mashed Potatoes  Carrots  Applesauce  Banana Cake
<b><u>Supper</u></b>  Tomato Soup  ½ Cheese Toasty  Peaches & Cream  Pickle  Ice Cream	<b><u>Supper</u></b>  Pulled Pork  Au Gratin Potatoes  Mixed Vegetables  Pineapple  Cook's Choice			 <p>I'M KIND OF A BIG DILL</p>  <p>PENNE FOR YOUR THOUGHTS</p>		<b><u>Supper</u></b>  Italian Beef  Onion Rings  Cottage Cheese  Pineapple  Chocolate Cake

White, Wheat, or Rye Bread available at Dinner Meals upon request. Look over the Menu & *Please Request Substitutes in Advance*\*\*Your Choice of Lettuce Salad, Applesauce, or Cottage Cheese on Tuesday, Thursday, and Sunday at Dinner Meals

JANUARY 2022

Sunday 2	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8
<b><u>Breakfast Special</u></b> Donut/Danish	<b><u>Breakfast Special</u></b> Waffles	<b><u>Breakfast Special</u></b> Fried Mush	<b><u>Breakfast Special</u></b> Omelet	<b><u>Breakfast Special</u></b> Pancakes	<b><u>Breakfast Special</u></b> Biscuit & Gravy	<b><u>Breakfast Special</u></b> English Muffin Sandwich
<b><u>Dinner</u></b>  Fried Chicken  Mashed Potatoes  Green Beans  Fruit  Cook's Choice Dessert	<b><u>Dinner</u></b>  Pork Tenderloin  Diced Potatoes  Mixed Vegetables  Pears  German Chocolate Cake	<b><u>Dinner</u></b>  Hot Dog  Coleslaw  Baked Beans  Fresh Fruit  Cheesecake	<b><u>Dinner</u></b>  Parmesan Chicken  Diced Potatoes  Mixed Vegetables  Pineapple  Cook's Choice Dessert	<b><u>Dinner</u></b>  Chili  ½ Cheese Toasty  Pickle Spear  Fresh Fruit  Coconut Cream Pie	<b><u>Dinner</u></b>  Fried Shrimp  Macaroni & Cheese  Coleslaw  Fruit  Carrot Cake	<b><u>Dinner</u></b>  Chicken & Noodles  Mashed Potatoes  Broccoli  Mixed Fruit  Cook's Choice Dessert
<b><u>Supper</u></b>  Beef Stew  Biscuit  Fresh Fruit  Cupcake	<b><u>Supper</u></b>  Chili Mac  Garlic Bread  Corn  Cantaloupe  Chocolate Pudding Dessert	<b><u>Supper</u></b>  Vegetable Soup  ½ Ham Sandwich  Fruit Cocktail  Rice Krispie Treat	<b><u>Supper</u></b>  Baked Potato Soup  Fruit  No Bake Cookie	<b><u>Supper</u></b>  Ham & Beans  Cornbread  Fruit Salad  Pudding Dessert	<b><u>Supper</u></b>  Sloppy Joe  Chips  3 Bean Salad  Strawberries & Cream  Brownie	<b><u>Supper</u></b>  BBQ Meatballs  Scalloped Potatoes  Fruit Cocktail  Snickerdoodle

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JANUARY 2022

Sunday 9	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14	Saturday 15
<b><u>Breakfast Special</u></b> Donut/Danish	<b><u>Breakfast Special</u></b> Waffles	<b><u>Breakfast Special</u></b> Fried Mush	<b><u>Breakfast Special</u></b> Omelet	<b><u>Breakfast Special</u></b> Pancakes	<b><u>Breakfast Special</u></b> Biscuit & Gravy	<b><u>Breakfast Special</u></b> English Muffin Sandwich
<b><u>DINNER</u></b> Fried Chicken Mashed Potatoes Green Beans Fruit Orange Poke Cake	<b><u>DINNER</u></b> Ham Steak ½ Sweet Potato Broccoli Mixed Vegetables Red Velvet Cake	<b><u>DINNER</u></b> Polish Sausage Sauerkraut Diced Potatoes Fruit Cook's Choice Dessert	<b><u>DINNER</u></b> Roast Beef Scalloped Potatoes Carrots Mixed Fruit Cook's Choice Dessert	<b><u>Dinner</u></b> Western Burger Waffle Fries Pickle Spear Fruit Cook's Choice Dessert	<b><u>Dinner</u></b> Cod Fillet Diced Potatoes Mixed Vegetables Pineapple Chocolate Cupcake	<b><u>Dinner</u></b> Parmesan Chicken Diced Potatoes Corn Mixed Fruit Pudding Dessert
<b><u>SUPPER</u></b> French Onion Soup Turkey Slider Apricots Cupcake	<b><u>SUPPER</u></b> Tomato Soup ½ Cheese Toasty Fruit w/ Cream Cookie	<b><u>Supper</u></b> Turkey Sandwich Chips Fresh Fruit Brownie	<b><u>Supper</u></b> Drumstick Mashed Potatoes Corn Fruit Cookie	<b><u>Supper</u></b> Chef Salad w/ Hard Boiled Egg Texas Sheet Cake	<b><u>Supper</u></b> Italian Beef Onion Rings Garden Cottage Cheese Apricots Cook's Choice Dessert	<b><u>SUPPER</u></b> Vegetable Soup ½ Cheese Toasty Jello w/ Fruit Cook's Choice Dessert

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JANUARY 2022

Sunday 16	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22
<b><u>Breakfast Special</u></b> Donut/Danish	<b><u>Breakfast Special</u></b> Waffles	<b><u>Breakfast Special</u></b> Fried Mush	<b><u>Breakfast Special</u></b> Omelet	<b><u>Breakfast Special</u></b> Pancakes	<b><u>Breakfast Special</u></b> Biscuit & Gravy	<b><u>Breakfast Special</u></b> English Muffin Sandwich
<b><u>DINNER</u></b>  Meatloaf  Mashed Potatoes  Green Beans  Fruit  Banana Cake	<b><u>DINNER</u></b>  Lasagna  Garlic Toast  Broccoli  Fruit  Cheesecake	<b><u>DINNER</u></b>  Chicken Tenders  Fries  Baked Beans  Fresh Fruit  Peach Cobbler	<b><u>DINNER</u></b>  Roast Beast  Scalloped Potatoes  Mixed Vegetables  Fruit Mix  Chocolate Mousse	<b><u>Dinner</u></b>  Baked Turkey  Mashed Potatoes  Green Beans  Fresh Fruit  Texas Sheet Cake	<b><u>DINNER</u></b>  Salmon Patty  Diced Potatoes  Coleslaw  Fresh Fruit  Chocolate Mousse	<b><u>DINNER</u></b>  Pork Tenderloin  Mashed Potatoes  Mixed Vegetables  Strawberries  Cook's Choice Dessert
<b><u>SUPPER</u></b>  Tomato Soup  ½ Ham Salad  Carrots  Fruit  Cookie	<b><u>SUPPER</u></b>  Ham & Beans  Cornbread  Pickles  Strawberries  Brownie	<b><u>SUPPER</u></b>  Sloppy Joe  Corn Chips  Fresh Vegetables  Pineapple  Cook's Choice Dessert	<b><u>SUPPER</u></b>  Broccoli Cheese Soup  Ham Slider  Peaches  Cookie	<b><u>Supper</u></b>  Philly Cheesesteak  Fries  Broccoli  Fruit Salad  Brownie	<b><u>Supper</u></b>  Chicken Tenders  Baked Beans  Fresh Vegetables  Fruit & Cream  Ice Cream	<b><u>Supper</u></b>  Chicken Noodle Soup  Jello w/ Fruit  Cookie

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JANUARY 2022

Sunday 23	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29
<b><u>Breakfast Special</u></b> Danish/Donut	<b><u>Breakfast Special</u></b> Waffles	<b><u>Breakfast Special</u></b> Fried Mush	<b><u>Breakfast Special</u></b> Omelet	<b><u>Breakfast Special</u></b> Pancakes	<b><u>Breakfast Special</u></b> Biscuit & Gravy	<b><u>Breakfast Special</u></b> English Muffin Sandwich
<b><u>DINNER</u></b>  Fried Chicken  Mashed Potatoes  Corn  Mixed Fruit  Cook's Choice Dessert	<b><u>DINNER</u></b>  Country Fried Steak  Baked Potato  Green Beans  Fresh Fruit  Lemon Cake	<b><u>Dinner</u></b>  Baked Turkey  Stuffing  Mixed Vegetables  Fresh Fruit  Pumpkin Pie	<b><u>Dinner</u></b>  Wings  Fries  Baked Beans  Fruit  Cook's Choice Dessert	<b><u>Dinner</u></b>  Meatloaf  Mashed Potatoes  Broccoli  Mixed Fruit  Peach Cobbler	<b><u>Dinner</u></b>  Cod Fillet  Baked Potato  7 Layer Salad  Fruit  Jello Poke Cake	<b><u>Dinner</u></b>  Baked Ham  Sweet Potato  Peas  Fresh Fruit  Chocolate Sheet Cake
<b><u>SUPPER</u></b>  Ham & Cheese Sandwich  Chips  Fresh Vegetables  Pineapple  Pudding Dessert	<b><u>SUPPER</u></b>  Chili Mac  Garlic Toast  Creamed Corn  Peaches  Cook's Choice Dessert	<b><u>Supper</u></b>  Vegetable Soup  ½ Cheese Toasty  Jello w/ Fruit  Cookie	<b><u>Supper</u></b>  Stuffed Pepper  Mixed Vegetables  Fresh Fruit  Brownie	<b><u>Supper</u></b>  Ham & Beans  Cornbread  Pickle  Fresh Fruit  Cook's Choice Dessert	<b><u>Supper</u></b>  Beef Stew  Biscuit  Fresh Fruit  Cupcake	<b><u>Supper</u></b>  Chicken Alfredo  Breadstick  Corn  Fruit  Cook's Choice Dessert

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**HAPPY**

**NEW**

**YEAR**

**2022**